



Quickest Recipe- Summer Fruit Salad

Time: 10 mins

Serves: 4

Ingredients

4 ripe peaches

250 g cherries

500 g watermelon wedge

1 unwaxed lime

dark chocolate bits

optional: 2 tablespoons elderflower cordial (a nice seasonal touch to the salad, but leave out if worried about sugar consumption)

Method

Cut the peaches in halves and remove stones, then slice them into 3-4 wedges. Halve the cherries and remove stones (it is more enjoyable to eat the salad when one does not have to worry about the little stones)

Remove the rind with the white edge from the watermelon and cut into 2 cm bite-size bits

Combine all the fruit in a bowl and stir through the elderflower cordial if using, grate the lime zest over the salad and then add the juice. Finally scatter with the dark chocolate bits. Enjoy!